

Dates for your diary

Wednesday 5th July - Lunch Club
Wensleydale Creamery Hawes
12.30 for 1pm

Wednesday 12th July- Walking Group
From Bainbridge, 10.30am
Watch out for emails and WhatsApp
for updates.

Thursday 20th June - Monthly Meeting
Louise Webb on Art and Mindfulness
Bainbridge Village Hall

Saturday 29th July - Garden Club
10.30am Rose Dene, Marsett, (Raewyn)

Tuesday 1st August Book Club
7-30 pm at East Netherbar, Appersett

Events at Sycamore Hall

Monday 9am – 11am Post Office
2pm Knit and natter

Tuesday 10.45am Quiz or Bingo

Wednesday 9am – 11am Post Office
10.30 Wellbeing coffee morning – second
Wednesday of each month

Thursday 10.30am Coffee morning
2.30pm Bridge

Friday 11am Gentle exercise

Other Events

Tuesday 4th July High Dales Treasure Hunt
Carperby 6.30 pm - Supper 8 pm

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Federation Events

See Federation Newsletter for full detail

11th - 14th July Great Yorkshire Show.

Thursday 27th July History Wardrobe
Lucy Addlington Monday is Wash Day Milby
(near Boroughbridge) 2pm - 4pm
£20 including cream tea (Booking closed)

Wednesday 6th September

Autumn Bounty Cookery Demonstration
2pm - 4pm and 7pm – 9pm Alma House £10

Saturday 16th September

International Day - Ukraine
Darley 10am – 3.30pm £30 includes lunch

Tuesday 26th September

Jane Robinson - author
2pm - 4pm Alma House
£15 with Afternoon Cream Tea

From the Committee

June has been a busy month! We had all our regular activities plus the craft morning and Beamish event. Things are a little quieter this month, but we are still holding our regular activities.

We are now halfway through our WI year and so have started thinking about the programme for next year. The committee have many great ideas, but we want to make sure we provide activities and speakers that you, the members, would like. So, if you have any topics you would like to hear about, speakers you would like to hear, places you would like to visit or activities you would like us to organise, please do let us know - speak to a member of the committee, send us an email or WhatsApp message, or put a note in the suggestion box. Thank you to those who gave suggestions at the last meeting.

The Beamish Run

It was really good to have Beamish back this year after a break due to Covid. The full name of the event is The Beamish Safety and Reliability Trial. It is open to vintage vehicles up to 1956 and motorcycles up to 1961. The route taken covers some of the test routes used by manufacturers, publicists, and motor clubs in the early 20th Century.

Over 150 vehicles entered the trial this year, setting off from Beamish at 1-minute intervals. They started arriving in Bainbridge for the official lunch stop around 10.30am and left at 1-minute intervals from 1pm.



The village green was buzzing with activity, spectators and participants mingling and admiring the vehicles, having picnics, and visiting our refreshments stall.

Bainbridge WI has for many years held a refreshment stall at the event and we have many regular customers looking forward to buying our homemade sandwiches and cakes.

It is a major fundraising event for us, this year we had takings of £775 which is magnificent. We have some expenses to take out of this but, it means we are well on our way to meeting our fundraising target for the year. I would like to say a very big thank you to all who donated food or money and who gave their time to help on the day and beforehand. Well done everyone.

The Bainbridge Motor Club are holding an event on 19th - 20th August. 20th August is the 'Tractor Event'. We will be having a refreshment stall on that day so I hope that you will again be able to contribute and help out.



Craft Morning

Our craft morning on 10th June, inspired by the Great Big Green Week, was very successful. Sixteen members and Bainbridge residents came along to a very busy morning. We made greetings cards, paper flowers, bird feeders, and repaired jewellery. I have posted some photos on our Facebook page, do have a look. We are planning another similar craft event for the autumn, this time with the theme 'Crafts for Christmas', so watch out for more details towards the end of the summer.



Monthly Meeting

In June Valerie Welti of Sedbergh WI came to talk to us about "The Canary Girls". This was a fascinating factual account of ladies and children as young as 12 who worked in munition factories across the country during the First and Second World Wars. Prior to the outbreak of WWI there were as few as three munition factories. They grew in number during WWI and WWII and they were largely staffed by women. The work was dangerous, and many were killed or maimed or suffered lifelong ill health due to the chemicals used in the production of explosives. They were nicknamed "The Canary Girls" as their skin turned yellow. Sometimes their babies were born yellow too.

Valerie and her colleague Sandra are campaigning to have a memorial built at the National Memorial Arboretum in Staffordshire to honour the brave work these women did during both World Wars.

Walking Group

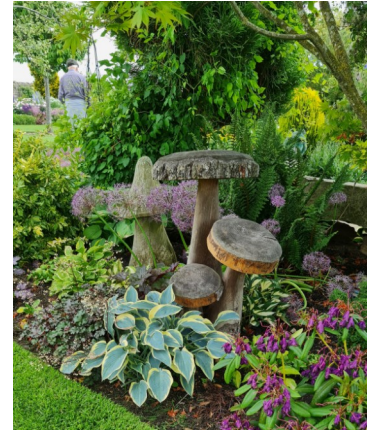
A small group of regulars set off early (9.30am) on 14th June for a walk around Aysgarth. It was the hottest week of the year so far, but we were lucky to have a gentle cooling breeze and the shade of trees for parts of the walk. We walked from the layby this side of Aysgarth, through Bear Park to the Falls, around the Freeholders' Wood and back, stopping for refreshments at the National Park café.



Garden Club -

Visit to Thornton Hall Gardens

Again, we were so lucky with the weather! I am sure the recent heavy rains had given the gardens a boost and on our chosen day to visit the sun was shining and they

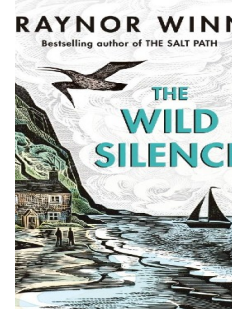


were looking as brilliant as ever. So many flowers, and they were so tall! This is an amazing garden to visit, it is open one day a week for two months during the summer and raises money for charity, this year for the Air Ambulance.

Next month we are having our meeting in Raewyn's garden in Marsett.

Book Club

Seven members of the Book Club met for a very social evening. It was a rather damp and windy night so we were indoors however that did not detract from our enjoyment. Several books which we had read in the recent past were discussed. Our new title is "The Wild Silence" by Raynor Winn. We enjoyed a "bring and share" supper which included some scones that were left over from the Beamish rally stall.



If you would like to join us you will be made very welcome. The next meeting is on Tuesday 1st August and will take place at East Netherbar, Appersett at 7-30 pm.

High Dales Event

High Dales WI are organising a Treasure Hunt on foot around Carperby on Tuesday 4th July. Hunt sheets will be available from Carperby Village Hall from 6.30 pm. A plated supper will be served back at the hall at 8.00 pm. The cost is £5, with priority given to WI members (although guests will be welcomed). You can participate individually or as part of a team. There will be a raffle on the night.



Fingers crossed for good weather - and no midges!!! Anyone not wishing to do the hunt, can come along for the supper at 8,00 pm.

If anyone wanting to participate could let Karen know ASAP that would be appreciated but we will certainly need final numbers by Friday 30th June.

WI Visit to Ripon Cathedral

Margaret organised our visit which was a guided tour of Ripon Cathedral. We also joined forces with Friends of the Dales Countryside Museum who were grateful for the help of the WI. A few years ago Godfrey Wilson came to Bainbridge WI and then to the museum in May this year with his talk and pictures of the Cathedral which inspired the visit.

It all began in 672 when Wilfred built the first Church in Ripon. We walked down a very narrow passage into the crypt, the only part of the original church in existence today and we stood where Wilfred had stood centuries before us.

We smiled at the story of medieval brides having to be able to get through a very small window to prove their innocence before marriage.

We experienced the atmosphere in this tiny vaulted room with candles flickering. Some of us including me, were glad to step out of this very enclosed space but it had to be done. The crypt was central with the church being built over and around it even back to Wilfred's day.

Over centuries the church was destroyed in battle and the Harrying of the North, it was always rebuilt.

The present church dates back to 1180 built by Archbishop Roger de Pont l Eveque. Again it endured the collapse of the east end, part of the central tower and the central spire. Damage was also done in the Civil War.

The construction of the side aisles began in 1502 but the main body of the building we see today is over 800 years old. It became a cathedral in 1836.

There are so many interesting features to see including the 15th century font. The Arts and Crafts Pulpit. Beautiful stained glass windows. The colourful Quire Screen which separates the everyday public area from the once privileged space for clergy and choir. The hand which waved instruction to the choir, operated by the organist when it was time to sing. The Great East Window with reredos beneath, full of colour and historical figures portraying the time of Wilfred.

We also saw choir stalls carved from 1489-94, one of which is said to have inspired Lewis Carroll to write Alice in Wonderland. An evocative trio of copper sculptures of Mother and Child by Harold Gosney and Wilfred

Owen's poetry was displayed on the reredos of the Chapel of Justice and Peace.

We were amazed at the needlework on cushions surrounding the whole of the building and also kneeling mats at the Chapel of Justice and Peace.

Many hours of neat handwork done by 90 stitchers telling the story of Ripon past and present.

Finally, our guide was keen to get us to look up high to see a cardinal's red hat sitting on a small outcrop memorial. This belonged to Christopher Bainbridge 1464-1514. A man born in Hilton, Westmorland who from a remarkably early age, rose up through the clergy fulfilling many important jobs and finally becoming Cardinal, Archbishop of York, Primate of England.

The point of the story was that he came from a family who had their roots firmly established in Bainbridge. A fitting way to end our tour.



Report by Eleanor Scarr

IT Corner- Spot the difference

Compare this photo to the one above.



This is my first *known* experience of using Artificial Intelligence. Despite the scare stories it can be pretty amazing. The second photo is

the original, someone strayed into the scene when the photo was being taken. The previous photo is edited.

Many years ago I learnt how to edit objects out of photos using a rather laborious way of copying a bit of background and pasting it over the unwanted image. The results were not always very good. I don't have that software any more so I did 'a google'. An online application called Fotor came to the rescue. I painted over the unwanted person, clicked a 'remove object' button, waited a little while and then – magic – he was gone!! Amazing. The problem is that this service requires a subscription of a few pounds a month after a free trial of three days. If you do a lot of editing that may be worth it but for the occasional edit I will continue looking for a free option. I will let you know if I find one.

In September we will have a meeting with any members interested to work out a way to run an IT Club. Meanwhile if you have any tips you would like to share or questions you want to ask – send them to a member of the committee.

July Birthdays



A very happy Birthday to:

Jennifer Fawcett

Grace Hemsley

Alyson Jones

Margaret Preston



Newsletter Entries

If you wish to have an article included in our newsletter please send it by email to bainbridgewinewsletter@gmail.com. If you do not use email, then please pass your entries to one of the committee members.

Hold The Back Page by Karen

WE'RE 'OVER THE HILL' BUT ARE WE OUT OF THE MIRE?

It's rather scary to think that we have already moved past the half-way point of the year and the longest day is now behind us. How time flies!

It has been lovely to enjoy almost wall-to-wall sunshine during June - indeed, even very unusual! Let's hope it is similarly nice during July and August when the children are on their long summer holidays - although it is looking likely that with continued nice weather the risk of a hosepipe ban is increasing and that may mean some very hard work to fill up those paddling pools!

Very unusually, the travellers on their way to the Appleby Horse Fair had to contend with very hot weather this year, which perhaps goes some way to explaining why we didn't see so many stopping in and around Bainbridge.

It was far too hot to walk the horses during the day, so those that we did see, appeared to be travelling early morning or late night (you wouldn't want to meet them on the road at night!). Anyway, the few travellers who stayed in the area appeared to cause little in the way of trouble this year, which was a huge relief to everyone - although did anyone see a Police Officer in the vicinity?

Maybe the travellers are also feeling the pinch of the 'cost of living crisis' and have decided this jaunt is something they can no longer afford?

So, hot on the heels of the horses, we then had the visit of the wonderful vintage and classic cars/vehicles who were taking part in the annual Beamish Car Rally. We haven't had the pleasure of them visiting since 2019 so it was lovely to see them back. This event also marks our WI's biggest fundraising event when we have our stand offering refreshments to those on the rally and the fans who follow it. We are therefore grateful

to all our members who either came along to help on the day or who baked cakes or made sandwiches. There are some regulars who always come to our stand to enjoy what they know will be quality food and it was nice to catch up with some we haven't seen for several years.

Unfortunately, it seems that some of the previous annual community events are unlikely to take place this year, which is a real shame. It seems that Covid has been a watershed moment for many organising groups who have decided just not to resurrect their event following the enforced break.

It is such a shame that some good old traditional events are no longer part of our Dales calendar and it seems Covid is a very easy excuse to attach to their demise.

However, I tend to think it has much more to do with the increasingly chaotic and challenging pace of 21st Century life. Maybe we had avoided something that has been happening elsewhere in the country for some time, but whether that is the case or not, it seems that the pressures of everyday life are deterring the younger members of our communities from getting involved in the organisation of these previously much-anticipated and enjoyed events.

It is no surprise really, when you consider just what the younger generations are having to manage these days - indeed, not only the younger members, but also some in the middle! With the high cost of living that we are enduring, it is no longer the case that families have children and mum is able to stay at home to raise them. No, for the modern mum (and indeed dad!), they are probably forced to work to provide a second income to enable them to pay their bills. That in itself can create additional issues in the high cost of childcare - unless of course, they are fortunate to have parents nearby who can take on the

role of childminder, free of charge! (That being the pressure on the older members of our communities!) So, by the time our young parents have dropped their children off somewhere, gone to work, collected their offspring, come home, cooked a meal and eaten it and put the children to bed, they really don't have the time or the energy to be on committees organising events! It's a wonder they make it through the week!

Likewise, their parents, who are not only childminding, but possibly also still working themselves in some shape or form, find themselves absolutely jiggered by the end of the day!! Whatever sort of world have we created?

I might start preaching here, but I truly believe that we have missed the point! We are here but a short time and we should have the chance to enjoy ourselves. If we choose to have children, it should be our priority to raise them well and teach them all the things they will need to contribute to the world when they are older.

The parenting role should be much more valued and nurtured as a skill. Instead, our world tells us that we must all work as much and as long as we can - and the reason for that is all about money! We are programmed to want more and more of it, and the pension funds don't have enough to pay us out so the retirement age continues to be raised!

Obviously, it is important that we all have sufficient money to make life comfortable (something sadly lacking in our country at the moment!) but what we don't need is more money than we can cope with; more material things than we need and more pressure to be better than everyone else.

In the midst of trying to achieve all that, we have lost our family focus and caring for our fellow man. I hasten to add here that this is clearly not the case for everyone, and indeed here in the Dales, I think we are more fortunate than in many other parts of the country as many families here are still close

and able to support each other, but that is by no means the case across the country.

As we get older, I think we all realise the mistakes we have made, but the trouble is that the younger generations don't want to listen to us - and neither did we at their age! One thing you do learn is that there is never enough time - and it is the one thing we cannot buy!

I was watching a programme on TV recently where analysts were talking about the blackouts of the early 1970', the reasons for it and the lessons learned from it. It was a very interesting comparison to the situation we currently find ourselves in today in that it came about through a war and an increase in fuel costs. However, one of the things suggested was that every now and then, it is good for mankind to have what in effect is a crisis or apocalyptic moment which brings us to our senses and prioritises what is important in life.

Although I am old enough to remember the crisis of the early 70's, I tend to think that the Covid-19 pandemic was a more recent example of such a moment in time. However, it seems we haven't learned a thing from it!! I felt we had initially realised the priorities in life, but then we forgot them all too quickly when life started to return to 'normal'!

During that very stressful time, were we really only worried about how much money we had; whether we had the best job around or the best car and biggest house? No, of course not. We were worried sick about whether we and our family and friends would survive! Let's not forget that priority now.

So, my message this month is to take the time to enjoy life; value our family and friends; help others; have compassion for those less fortunate and just slow down and smell the roses while we can!