

Newsletter February 2023

## Bainbridge WI Events

### Wednesday 8<sup>th</sup> February - Walking Group

Askrigg area

10.30am

### Thursday 16<sup>th</sup> February - Monthly Meeting

Bainbridge Village Hall

7.30pm

### Monday 20<sup>th</sup> February - Soup and Sweet Lunch

Bainbridge Village Hall

12 noon

### Wednesday 22<sup>nd</sup> Lunch Club

Black Swan, Leyburn 12.30 for 1pm

### Saturday 15<sup>th</sup> February Garden Club

Janet's garden in Thornton Rust

10.30am

### Tuesday 28<sup>th</sup> February - Book Club

Sheepscar Thornton Rust

7.30pm

## Federation Events

### 16<sup>th</sup> March Beginners Watercolours

9.30am – 3.30pm Alma House

£12 + £5 materials, closing date 2<sup>nd</sup> March

### 18<sup>th</sup> March Climate Change Workshop

12.20pm–4.30pm Bishop Monkton Village Hall

£8, closing date 3rd March

### 22nd April - Spring Council

Tennant's, Leyburn

£27.50, closing date 5th April

### 16<sup>th</sup> May Bankfield Museum and Piecehall,

Halifax. Journey by coach

£25, closing date 28<sup>th</sup> April

## BAINBRIDGE WOMEN'S INSTITUTE

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## Events at Sycamore Hall

### Monday

9am – 11am Post Office

2pm Knit and natter

### Tuesday

10.45am Quiz or Bingo

### Wednesday

9am – 11am Post Office

10.30 Wellbeing coffee morning – second

Wednesday of each month

### Thursday

10.30am Coffee morning

2.30pm Bridge

### Friday

11am Gentle exercise

## From the committee

Thank you to those of you who have returned your questionnaires, it is very helpful to know what you are and aren't interested in. When completed, questionnaires can be given to a member of the committee or dropped off with Karen at her shop in Sycamore Hall.

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## Book Club

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The first Book Club Meeting of 2023 was held on 10th January at Sheepscar, Thornton Rust. It was a wild and stormy night but Betty, Raewyn and Janine braved the weather to attend. We had a very enjoyable social evening.

Janine has chosen our next title which is Still Life by Sarah Winman.

The next meeting is on 28th February at 7-30 pm and again this will be held at Sheepscar, Thornton Rust. Hopefully we will have better weather at this time!

You do not need to read all the suggested books to come to a Book Club meeting.

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## Walking Group

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The walking group had to postpone their first walk of 2023 due to the appalling weather in a week when much of Wensleydale was flooded. The walk took place the following week and Janet led us on a very enjoyable winter's walk from Thornton Rust to Gayle Ings. It was a beautiful, bright winters day, rather chilly with the ground frozen underfoot. Following our exertions Janet invited us for refreshments and a welcome warm cuppa.

Our next walk (weather permitting) will be on **February 8<sup>th</sup>**. The walk will be in the Askrigg area, meet at 10.30.

Watch out for updates by email and in the WhatsApp group. If you do not use email or WhatsApp and would like to be kept up to date of any last minute changes by telephone – let Nicola know.

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## Garden Club

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We had a lively January garden club meeting, nine members met at Nicola's house to swap seeds and chat about gardening (and other things). We are all looking forward to the time we can start sowing and seeing things start to grow in the garden again. The February meeting is on Saturday 15<sup>th</sup> February at Janet's garden in Thornton Rust to see the snowdrops – a sure sign that spring will be on the way.

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## Monthly meetings

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In **January** we welcomed Becci Norwood from Salon Beautique of Leyburn. One of our members became the model for the evening and Becci talked us through some of the principles of good make-up application and gave some very useful hints and tips on how to look after our skin and apply good haircare. We learnt that good make-up application can be kept within a budget.

Our February meeting will take place on **Thursday 16<sup>th</sup> February** at Bainbridge Village Hall, starting at 7.30 pm. The speaker for the evening will be Dinah Alonso-Wilkes, Travel Counsellor.

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## Lunch Club

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The King's Arms Hotel in Askrigg was the venue for our first Lunch Club outing this year. We had the restaurant area to ourselves which was probably a good thing as the chatter from fourteen WI Ladies was quite loud ! It was a very enjoyable social occasion and all seemed to enjoyed their lunch. Anne asked for

suggestions for further Lunch Club meetings and so is now able to do some forward planning. We hope to have the February Lunch Club at The Black Swan Hotel in



Leyburn on Wednesday 22nd February and the March Lunch Club at the Foresters Arms, Carlton in Coverdale on Wednesday 22nd March. We usually meet at 12-30 for 1-00 pm . If you would like to go or you need transport to join Lunch Club please contact Anne

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## Bainbridge Wellbeing Café

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Carers Plus invite the local community to join them for a cuppa and chat at a dementia friendly coffee morning at Sycamore Hall on the second Wednesday of each month, 10.30am – 12.30pm. Carers whose loved ones have memory loss are offered 2 hours free respite. Advanced booking required for respite – please contact Nicky Cooper at Sycamore Hall 03701 924055

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## Soup and Sweet

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At our first Soup and Sweet event of 2023, *International Sticky Toffee Pudding Day*, we had 35 diners – yes 35!! What an amazing event with our diners tucking into some delicious homemade sticky toffee puddings. . Thank you so much to helpers – Raewyn, Susan, Sue and Margaret who all worked very hard. The lunches are a lovely social event for the local community and they are a valuable fund raising event for us. If you would like to help at any of the lunches do let us know.

The next Soup and Sweet event will be on **Monday 20<sup>th</sup> February in Bainbridge Village hall**, 12 noon. There will be some pancake themed puddings on the eve of Shrove Tuesday.

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## Garden club

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## Other events

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**Saturday 11 March 11am – 2pm -  
Kirkby Green Day**

Kirkby Malzeard Village Institute, HG4 3RS  
Stalls and food with a sustainable theme

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## February Birthdays

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There are no Birthdays this month



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### A NEW VENTURE by Karen

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I think it is well known that I don't know how to say 'No' so I guess it was no surprise to find myself opening a shop at Sycamore Hall when the previous shopkeeper decided to close, just before Christmas!

It seemed like a good idea at the time, but then I didn't know that life had another curved ball to throw at me - this time in the form of blindness!!

Anyway, after a discussion with my consultant, it was agreed I should go ahead and give myself something to focus on. Consequently, the first week of 2023 was extremely busy as I found myself re-decorating and re-fitting the shop unit. I couldn't have done this without the help of Sonja and others who offered advice and feedback. Have you ever seen a blind person wallpapering? It was fun!! Anyway, we managed it, and the new shop 'Sycamore Country Store' opened on 9th January.

I have to say that I am thoroughly enjoying it, although it is hard work, especially now I can't see! Still, it is a familiar place and everyone has been really helpful and patient.

The shop is open Monday to Friday, 9.00 am to 1.00 pm (planned longer hours during the holiday season). I have a good range of stock including groceries, pet food, cleaning products toiletries etc. I am working with local producers and suppliers to try and ensure I have a good range of the very best local produce available, and have a range of Raydale Preserves currently oil stock. I have deliveries of milk on Monday, Wednesday and Friday from Dales Dairies; fresh sandwiches on Mondays and Wednesdays from Proper Tasty; bread, cakes and savouries from Cockett of Hawes on Mondays, Wednesdays and Fridays and eggs from Wensleydale Eggs on Wednesdays. I am happy to take orders for meat from Hammonds Butchers as well as Cockett (including bread, cake and savouries) for collection from the shop on the delivery days.

I also have a 'Pick & Mix', sweet bar, harking back to our childhoods, which is already proving very popular - and not necessarily with the children!



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I hope you will call in to see me (and have a chat, of course!) and if there is anything you want but can't see, I will try to get it for you. If you wish to place any orders from my suppliers, via the shop, to avoid you having to go several places to collect, please let me know.

This is still very much a 'work in progress and I have plans for the future which will hopefully include local deliveries. Watch this space!!

Oh yes, and while you are at it ... we have lots of other exciting things going on at Sycamore Hall that you would be very welcome to join in with! Aside from the hair salon and 'Mabel & Maisy's Mini Emporium stocking hair, beauty, jewellery and gifts, we also have a 'Knit & Natter' group who meet at 2.00 pm on Mondays; a Quiz or Bingo at 10.45 am on Tuesdays; Coffee Mornings at 10.30 am on Thursdays and Gentle Exercise at 11.00 am on Fridays.

The Bridge Club are also meeting at Sycamore Hall on Thursday afternoons and appear to be growing in numbers by the week! Come along and join us!

Looking forward to seeing you soon!

Karen

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## **Newsletter Entries**

If you wish to have an article included in our newsletter please send it by email to [bainbridgewinewsletter@gmail.com](mailto:bainbridgewinewsletter@gmail.com). If you do not use email, then please pass your entries to one of the committee members.

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