

WI DATES FOR YOUR DIARY & LOCAL EVENTS

Wednesday 5th October -
Walking Group walk from
Bainbridge to Askrigg - set off
10.30 am

Thursday 6th October - High
Dales Group Food & Flowers -
Carperby Village Hall from 12.00
pm. Lunch followed by Flower
Arranging Demonstration by
Shannon McIntyre

Wednesday 12th October -
Federation Autumn Meeting -
Long Ashes, nr Skipton

Saturday 15th October -
Needle Felting Workshop -
Thornton Rust Institute - 10.00
am to 12.30 pm

Thursday 20th October - WI
Monthly Meeting - Bainbridge
Village Hall - 7.30 pm

Monday 24th October -
Community Lunch Hub -
Bainbridge Village Hall - 12.00
pm onwards

Thursday 27th October -
Lunch Club - Hamilton's in
Aysgarth - 12.30 pm for 1.00 pm

Tuesday 2nd November -
Book Club Meeting at the
Aysgarth Falls Hotel, starting at
7.30 pm

Thursday 17th November -
Bainbridge WI AGM and Fun
Evening - Bainbridge Village Hall
- 7.30 pm

Bainbridge Womens' Institute

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A Month Never to be Forgotten

September turned out to be a month very different to the one we had expected! The death of HM Queen Elizabeth II came very suddenly and resulted not only in a ten day period of mourning but also in a seismic shift in our Royal Family. It is going to feel very strange to sing 'God Save the King!' The late Queen was, of course, a member of the WI and I heard recently that she had only missed four meetings in her lifetime, which is quite an achievement for someone so busy! As Susan sent our condolences to the Royal Family via their online Book of Condolence, I am sure we all felt compassion for them having to manage their grief in the full glare of the public eye and the world's press. It must have been very difficult for them, but they did it so well. We can now look back on our memories of living during the reign of the longest serving British monarch, with gratitude for Queen Elizabeth's commitment, hard work and dedication to her country. Of course, we must look also forward to a new reign under King Charles III, which clearly won't be so long, but hopefully will be equally memorable for all the right reasons. God Save the King! May HM Queen Elizabeth II rest in peace.

Answers to the September Newsletter Quiz

1. Vera Stanhope
 2. Sir Robert Peel
 3. Nightstick
 4. Manchester
 5. The Bow Street Runners
 6. Hendon Police College
 7. Superintendent
 8. The Blue Lamp
 9. 112
 10. Special Weapons and Tactics
 11. Lyon
 12. Leonard 'Nipper' Read
 13. Jane Tennison
 14. Yvonne Fletcher
 15. Operation Trident
 16. Cressida Dick
 17. Police Community Support Officer
 18. The Sweeney
- How did you do with the law?

In Need of Saving

The speaker at our September meeting was Howard Driver from the Wharfedale Fell Rescue and he proved to be very interesting. We learned that the group was formed in 1948 and is based in a purpose-built centre in Grassington. They have 60 active volunteer members who are on-call 24/7, 365 days a year to rescue humans and animals who get into trouble on the fells and in the caves of the area from Upper Wensleydale to the Ar, Skipton and Malham. We learned that it was a prerequisite to enjoy getting wet as, by the nature of the work, most rescues involve poor weather or wet caves!! The group uses rescue dogs who are trained to find anyone sitting or lying on the ground. They are most frequently used for nighttime searches and they also have to be happy to fly (in a helicopter)! Due to the increasing frequency of flooding in the area, they now have a new Swift Water Rescue Team, specifically trained and fully equipped to undertake rescues in flood waters.

The service operates in tandem with the Police, Fire and Ambulance services and can only be called out by the Police when a 999 call is made that indicates their help would be useful. If deemed necessary, a call is also put into the Air Ambulance service to assist. We were quite surprised to learn that because this service is no longer provided by the RAF, the air ambulances are obliged to abide by Civil Aviation Rules which means that it is not possible to take sharp objects or liquids onto the aircraft!! Very odd, considering that both are probably crucial to the efforts to save someone's life!

All in all, this was a fascinating talk and we were all very grateful to hear of the marvellous work that these volunteers provide across our area.

Visit to York Cookery School

As someone who was unfortunately unable to accept the invitation to go to the York Cookery School at the beginning of September, I cannot tell you how green with

envy I was when I heard what a wonderful time our members had there! Many of you will know that Andrew Thwaite grew up here in Bainbridge and started his career as a chef with Anne Harrison at Riverdale Guest House. He is now a Chocolatier, Chocolate Consultant, Trainer and Recipe Developer at the York Cookery School. It seems Andrew treated our members like royalty during their visit and he was delighted to see familiar faces. After morning coffee, those who visited were given a demonstration by Will, who learned his craft at Gleneagles Hotel in Scotland. He cooked fish 'en papillote' which we were able to sample and which was delicious! We then watched an amazing demonstration of icing by Linda Jameson who has her own cake and biscuit business in Scarborough. Andrew had met Linda when they both worked at Betty's in Harrogate. After lunch, we were treated to the most enormous Afternoon Tea! This was followed by a chocolate making demonstration with lots of samples to try! Thanks to his work, Andrew gets to travel the world, having been to Milan, Beirut and China and shortly off to work in Dubai! So, after a wonderful day of food and entertainment, everyone came home with 'goodie bags' of chocolates and beautifully iced cookies. So, there's a lesson to learn - don't miss out on the opportunities presented by WI membership!!!

Book Club

The Book Club are still busy reading 'The Lords of the North' and had a good meeting at the Aysgarth Falls Hotel last month to discuss this. Their next meeting will be on **Tuesday 8th November, 7.30 pm** at The

Aysgarth Falls Hotel. Betty has chosen the next book which will be 'Sorrow and Bliss' by Meg Mason. If you want to join the group, please go along to the meeting and you will be made very welcome.



Lunch Club

The September meeting of the Lunch Club saw a small group of ladies heading over to Coverdale to eat at The Saddle Room. Once again, I was unable to attend, but I am told that those who did had a great time and some delicious food. The next lunch will take place on **Thursday**



27th October, 12.30 pm for 1.00 pm at Hamilton's in Aysgarth. If you fancy joining us for any of our foodie jaunts, please contact Karen (650706) to reserve a place. If you would like to come along but don't have transport, let us know and someone is sure to be able to get you there.

Crafty Ladies!

Now that the weather has changed, we are pleased to be able to re-start our crafting activities with a Needle Felting Workshop on **Saturday 15th October**. This is to be held at Thornton Rust Institute between **10.00 am and 12.30 pm**. We are apparently going to be taught how to make a felted Cala Lily brooch which should be fun, although we are likely to be drawing blood in the process! Nevertheless, we are bound to have a good laugh, and hopefully have

something to take home at the end of it - not just some bandaged fingers! If you are booked onto this workshop, please arrive in good time and make sure you bring along some sharp scissors, a sewing needle and £10.

In September, Diana very kindly hosted a card-making workshop at her home in Askrigg. Unfortunately, not many members attended, but those who did had a good time creating some really lovely individual cards. Thanks go to Diana for her hospitality and expertise.

All Year Gardening

Now that the better weather is fading, the Garden Club are enjoying the opportunity to meet at each other's gardens for a good look around and to discuss gardening issues. The first planned meeting was cancelled as a mark of respect to HM The Queen who had died two days earlier. However, Nicola kindly hosted the re-arranged meeting at her home on 24th September. It was perfect early autumn weather - cool, calm and with sunshine. Nicola enjoyed welcoming six members to her garden to share the progress so far along with her plans for the future. It has been a good year without the rabbits eating everything! The hot summer weather was a challenge for some plants but other plants loved it! The recent cooler, damper weather has allowed recovery to take place and there are currently some lovely autumn blooms to see. The next meeting will take place on **Saturday 22nd October** at Susan's house in Thornton Rust - further details will be available soon. If you have any interest in gardening, please join us.

Community Lunch Hub

The September Lunch Hub was cancelled as it clashed with the State Funeral for HM The Queen. The next Lunch Hub is due to take place at **Bainbridge Village Hall (NOT Askrigg) on Monday 24th October**. The speaker for the afternoon will be Heather Wright of 'Carers Plus' who will be talking to us about her work with the organisation, providing care to the elderly and vulnerable. Do come along - 12.00 pm for lunch or 1.00 pm for the speaker. Everyone is welcome (you don't have to be a WI member) and we just ask for a donation of £5 per person to help offset the cost. If any member is able to help at this event, please contact Susan as soon as possible.

The final Lunch Hub will take place on **Monday 21st November** at **Thornton Rust Institute** when there will be a recital by Wensleydale Music.

New Club for Active Members

It has been decided to form a Walking Club for those members who enjoy a ramble around the countryside. The first walk will take place on **Wednesday 5th October**, setting off from Bainbridge at 10.30 am. The walk will take in Scar Top, along to Worton and then over to Askrigg for lunch at The Bakewell before returning to Bainbridge - a total distance of 4.5 miles. Some members are missing out the climb to Scar Top and instead walking from Bainbridge to Askrigg, so you could join them if that suits you better. Both groups will meet up for lunch. Please wear suitable clothing and supported footwear with tread to stay safe, and bring along a water bottle and anything else you feel you may need. If

it is a really wet day, the walk will be postponed.

Looking Forward to our October Meeting

Our October meeting will take place on **Thursday 20th October** at Bainbridge Village Hall, starting at 7.30 pm. The speaker for the evening will be Alison Down, Community Fire Safety Officer, who will be coming along to talk to us about how to stay safe in our homes and particularly how to protect against the risk of fire. Do come along as it may just save your life one day!

Christmas Really is Coming!

As you know, this year's Christmas Party will take the form of a Lunch on **Thursday 15th December**. We will be going along to The Garden Rooms at Tennants in Leyburn, 12.00 pm for 12.30 pm. We still intend on having our usual 'Secret Santa' gifts but we will not be having any entertainment. Your 'Secret Santa' gift should be something you would be happy to receive yourself and should cost no more than £5. Start hunting around now for something suitable and bring it along to the party, wrapped up and ready for the 'quiz' to allocate the gifts. Hopefully, you will all have seen the menu and have already indicated your choices and paid your £5 deposit, but if not, please try to do so as soon as possible. Contact Susan for more information, or to put your name down.

Food & Flowers

If you have your name down to attend the High Dales Group of WI's Food & Flowers

event on **Thursday 6th October** at Carperby Village Hall, please make sure you arrive for **12.00 pm** when lunch will be served. This will consist of lasagne with salad and bread, followed by a choice of pudding. After lunch, Shannon McIntyre will be creating three very different arrangements for us which will be raffled off at the end of the afternoon. If you are booked to attend, you should already have paid your £12.50 to Gill.

Federation Autumn Meeting

Five of our members are attending the North Yorkshire West Federation Autumn Meeting, taking place at The Gamekeepers at Long Ashes near Skipton on **Wednesday 12th October**. They will enjoy lunch, followed by speakers and will no doubt report any matters of interest to us at a future meeting.

Something New for the AGM

This year, the committee have decided to try something new for our Annual General Meeting. We will be serving a light supper, prepared for us by the Mill Race Tea Room in Aysgarth and will follow that with the business of the evening and then some fun and games!! Make sure the date is in your diary and you come along and join in the fun!

Celebrating Birthdays

This month, we would like to send our best wishes for a very **HAPPY BIRTHDAY** to the following members:-

Heather Bradbury

Rita Cloughton



October Quiz

This month, we will see what you know about fire safety.

GOOD LUCK!

1. Which piece of equipment was first patented in England in 1723 by Ambrose Godfrey?
2. What sort of poisoning, often in the home, can be mistaken for a cold or flu?
3. For a fire to burn, three elements are needed - what are they?
4. What sort of fire extinguisher should you use to tackle an electrical fire?
5. By law, over 50% of a UK hazard sign must be what colour?
6. How often should fire extinguishers be serviced by a qualified engineer?
7. What type of fire extinguisher should you NEVER use on a kitchen fire involving oil and fats?
8. What is the colour of the label on a dry powder fire extinguisher?
9. What category of fire is Class B?
10. What are the four ways in which fire transfers?
11. How often should smoke alarms be tested?
12. What are the five types/categories of fire?
13. What is the first rule in fire safety?
14. What causes the most serious burns?
15. What should you do if your clothes catch fire?
16. If you burn yourself, what should you do first?
17. If you cannot leave a burning building, what should you do to protect yourself?

STOP PRESS - Don't forget the Coffee Morning at Thornton Rust Institute on **SATURDAY 1st OCTOBER** from **10.30 am**. All monies raised go to the MacMillan Nurses who provide such a valuable service. Do try and go along to show your support and enjoy some refreshment and chat!