

Dates for your diary

Friday 3rd November - IT Club

2pm Sycamore Hall

Tuesday 7th November – Lunch Club

Coghlands Tearoom in Barningham 2pm.

Wednesday 8th November- Walking and Garden Groups

Hackfall Woods

Saturday 11th November – Christmas Crafting

10am – 1pm Sycamore Hall

Tuesday 14th November – Book Club

7.30 pm Sheep Scar Thornton Rust

Thursday 16th - Monthly Meeting

7.30 pm Bainbridge Village Hall

AGM and Supper

Monday 20th November - Soup and Sweet

12 noon Bainbridge Village Hall, £5

Events at Sycamore Hall

Monday 9am – 11am Post Office

2pm Knit and natter

Tuesday 10.45am Quiz or Bingo

Wednesday 9am – 11am Post Office

10.30 Wellbeing coffee morning – second

Wednesday of each month

Thursday 10.30am Coffee morning

2.00pm Bridge

Friday 11am Gentle exercise

BAINBRIDGE WOMEN'S INSTITUTE

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Federation Events

See Federation Newsletter for full detail

Tuesday 7th November

Wacky Christmas Wreaths

10am – 3pm £12 + £5 per wreath

Thursday 9th November

Wacky Christmas Wreaths

10am – 3pm £15 + £5 per wreath Hellifield Institute

Thursday 23rd November

Christmas Food and Flowers

10am – 3pm Darley Memorial Hall £32.50

Thursday 7th December – Carol Service

Holy Trinity Church Skipton 2-4pm £2.50

Thursday 15th February Dabble Day

Embsay Village Institute

Other Events

Flower Club - 18th November 2pm

Christmas flower demonstration

by Alex Gracey.

£20 includes refreshments.

From the Committee

The newsletter is full of information about upcoming events - more Christmas Crafting and the AGM this month, the Christmas Lunch in December along with regulars – walking, IT, garden, lunch and book clubs.

We have had a very busy and successful year and look forward to reporting to you in detail at the AGM. The AGM is essentially a business meeting but we hope we will make it interesting and enjoyable too with plenty of chance to mingle and socialise and a delicious supper provided by Café Curva.



Committee 2023 – 2024

Bainbridge WI Committee consists of up to 12 members. Committee members meet once per month (currently the Monday evening before the Monthly Meeting) to discuss and plan for upcoming events and activities, and to oversee the operation and direction of our WI. In between these meetings the committee members discuss issues - often by email, occasionally by in person meetings.

Each committee member is expected to be active in the running of the WI and is allocated a position or specific duties of their choice. These include secretarial, communications, programme, press, social media, fund raising, hospitality, desk top publishing, trip and activity coordinators.

If you would like to be involved in running our WI please consider being on the committee. Whatever your skills are there will be a suitable role, the main requirement is enthusiasm! Nominations for the committee for the coming year are open right up until the evening of the AGM. Just drop us an email or give us a phone call. The current committee members will be happy to chat to you about what it is like to be on the committee.

AGM

Our AGM will be held at the next monthly meeting on Thursday 16th November. The meeting will start with the business: reports from the Committee on the past year's activities and finances, and the election of the Committee and President for the coming year. After this we will have a supper of Lasagne and Dessert.

For catering purposes we need to know how many will be attending. If you have not done so already, please let us know ASAP (by 9th November at the latest) if you will be attending and if you have any dietary requirements, including whether you would like meat or vegetarian lasagne.

Please could you bring your own plate, bowl, knife, fork, spoon, glass and drink to the meeting. We will provide tea and coffee.



During the evening we are having an activity to get you mingling so please bring a photo of you when you were a baby or young child (a copy is acceptable if you do not want to bring an original).



Monthly Meetings

Helen Guy from the Keld Resource Centre came and gave us a fascinating talk about the History of lead Mining in Swaledale and Arkengarthdale from Roman times right through to the early 20th century.

The Roman's first discovered lead in the dales which they used at their Garrison at Catterick and this was followed by miners coming from Germany in the 1600's. Lead mining was probably at it's peak during the early 1800's and there were many extensive mine workings throughout the dales including in Wensleydale. However, by the mid to late 1800's the price began to fall due to cheaper imports mainly from Spain.

The conditions that miners worked in below ground were quite horrendous and as the price fell many miners could not make a living and emigrated to North and South America. Women and children were employed on the surface often working on the dressing floor.

Helen has detailed records of the many mining families who were involved, and more information can be found at the Keld Resource Centre where she is based.

Soup and Sweet

The Soup and Sweet lunches are very much enjoyed by those attending and by those volunteering. However, this autumn they haven't been as well attended as usual nor have we had many volunteers. It is a nice social occasion



and a useful fundraising event for Bainbridge WI. Soup and Sweet is relatively easy event to put on requiring just a few hours of time from four or five volunteers each month. To rejuvenate this event, we could do with a small team of 2 or 3 members to work together to create both a rota of volunteers and an advertising campaign.



The Soup and Sweet project was started over twenty years ago as part of an initiative by National for WIs to become more involved in the local community. It has certainly been successful in doing this and we hope that with enthusiastic co-ordinators it will continue for a long time. Please consider if you could be involved - to cook and/or serve a couple of times a year or to join with a friend to take on the coordination.



Christmas Crafts - Again

Last month we had a crafting morning at Sycamore hall making stunning baubles from old Christmas cards, hanging decorations from old curtain rings, stamped and illustrated cards and hand sewn brooches and decorations.

It was a really enjoyable morning and a number of members have asked for it to be repeated. So, we will on 11 November, again at Sycamore Hall, 10am – 1pm, free to attend just make a small donation for any items you wish to take away with you. Tea/coffee and biscuits will be served. The same crafts (except for card making) will be available plus

making gift tags from old Christmas cards and a different design of bauble. The event is open to all so come along and bring a friend.

Diana Hartley has very kindly offered to have a



card making session at her house where you will have access to a wider range of supplies!! Thank you Diana. Please let us know soon if you are interested and then we can arrange a date.

Walking Group

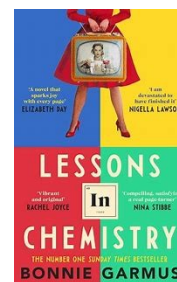
We changed Dales for the October walk - venturing out to Swaledale. The weather was cool but very nice for walking. The route took us past Marrick Priory, up to Marrick, across to Fremington and back along the river. We had a great variety of scenery - wooded hillside, open moorland, riverside and lush valley. The stop at the Cycle Café was very welcome and the choice of sweet treats was huge – apparently a choice of 27!

Our next date is Wednesday 8th November when the garden and walking groups get together to visit Hackfall Woods. Meet in Bainbridge or Aysgarth about 9.30 for car sharing. A stroll around the woods to see the autumn colours and refreshments on the way home. Let us know if you want to join us so that we can organise car sharing. More details will follow soon.



Book Club

Our next meeting is on Tuesday 14th November. Again it will be held at Sheep Scar and the new book title is Lessons in Chemistry by Bonnie Garmus.



All Welcome

Lunch Club

The next lunch club outing is an Afternoon Tea at Coghlan's Tearoom in Barningham on Tuesday 7th November at 2pm.



IT Club

The club meets on the first Friday of each month at 2pm in Sycamore Hall, our next date is 3rd November. The plan is to start each session with a mini lesson on a different topic each month followed by practice and general question and answer.

November's topic is YouTube. YouTube is a great resource for finding out how to do things. Other topics we have been asked to teach are Facebook and shopping online, you can start to learn about these through YouTube so I thought this would be a good place to start our IT Club lessons.

The IT Club is open to non-members so bring along a friend.

Garden Club

Save the date 13 December for a get together at Susan Freer's house. Being December, this will be an indoor meeting chatting about house plants and other garden related things.

Christmas Lunch 21st December

We are having our Christmas Lunch at Tennant's again this year. The Menu is attached to the Newsletter. Please book and pay by 7th December at the latest, preferably before then to give us time to compile the menu choices for Tennants.

Please let us know if you have any dietary requirements. We are ordering tea/coffee for everyone, the prices including this are: one course £18, two courses £22, three courses £26. Other drinks will be available from the bar.



As usual we will have a Secret Santa gift swap. Please be creative and find a gift for a cost of no more than £5. It can be new, second-hand or homemade, so long as it is in good condition and it is something that you would be happy to receive.

WI diaries bulk order

Federation are not taking orders for the WI diary this year. The price is £8 each and you can order them online through the National Website

<https://shop.thewi.org.uk/products/wi-pocket-diary-2024>

For individual orders there is a postage charge of £3.99. Postage is free for orders over a value of £65. We have decided that, if there is demand for it, Bainbridge will place a bulk order to share the postage. We will require payment before putting in the order. If you would like to join a bulk order please let us

know. We will compile a list and let you know how much the postage will be before placing the order. The closing date for joining the bulk order for Bainbridge is 16th November at the AGM.

November Birthdays



A very Happy Birthday to :

Denny Boxall Anne Harrison Rachel Newall

Raewyn Parkinson Eleanor Scarr



Newsletter Entries

If you wish to have an article included in our newsletter please send it by email to bainbridgewinewsletter@gmail.com. If you do not use email, then please pass your entries to one of the committee members

Hold the back page by Karen

WHAT REALLY MATTERS ...

Some of us had a great afternoon with David Driver recording a podcast of short stories and poetry which we hope you will listen to when it is available later in November.

Of course, during this session, there was plenty of opportunity to chat and one of the things we were discussing was what we would tell our eighteen-year-old self if we were to meet up now, with the knowledge we have gained through our lives.

Naturally, that provoked an interesting conversation but what featured most was 'don't worry so much and make the most of every opportunity'.

I wonder why we all thought of that? What does it say about the modern world? Why are we all so worried, and what are we worried about?

Well, in my humble opinion that is a relatively easy question to answer. Generations ago we would only have been worried about putting a roof over our heads and food on the table. No longer! We now have so many pressures placed upon us, and from a very early age. We must all be child geniuses; be top of the class in school; gain the most exam passes; go to the best university; get the best job; earn the most money; live in the biggest house with the newest, most expensive furniture; have the best car; go on the most holidays, etc, etc, etc.

No wonder we are all so worried!!!

We must all be living in abject fear of being total failures in this modern world! Who is it that has set these ludicrous targets for us all to aspire to? What makes them think that their aspirations are those of the rest of us and anyway, why do they matter?

Surely the most important things in life are being healthy, happy and fulfilled, spending

time with those we love and care about - and who love and care about us! Admittedly, it would be nice if we all had a lovely, comfortable home, plenty of money and a good lifestyle. However, as one of my sons has told me for many years 'you cannot solve the problems of the world' and 'there will always be the rich and the poor'. That has always made me very angry but it is unfortunately very true.

The thing we all need to understand is that each of us is a valuable person with something to contribute and each should also be entitled to life choices. The fact that this no longer plays out in our world is a sad reflection on what we have done to the world. We seem to like to set 'standards' that we are all supposed to fit into. Sadly, that is not very realistic. Some of us may well be destined to be professors; others not. We don't want a world full of people who are all the same and it is about time we realised that.

If we look at the unfortunate situations playing out in Israel, Gaza and Ukraine those people are not too worried about meeting the pressures put upon them - they just want to survive, be with their families and have a safe home and food to sustain them. When it comes down to it, these are the only things that matter.

So, I don't know what you would tell your eighteen-year-old self but I would certainly be telling me not to worry about anything; live for every moment; grab every opportunity and ENJOY YOURSELF! Along the way though, let's all be kind to one another and help those who do find themselves less fortunate than others. Don't save for a rainy day (it may never come); don't have a 'best outfit' - dress your best every day; don't wait until - there will never be enough time, money or anything else. Just do it!